

## Personal Inventory Checklist

Date: \_\_\_\_\_

\_\_\_\_\_  
**Name** **E-Mail Address** **Phone**

\_\_\_\_\_  
**Address** **City** **State** **Zip Code**

\_\_\_\_\_  
**Age** **Church** **#/yrs Saved** **# of Children** **# of grandchildren**

Name and age of children: \_\_\_\_\_

### **PLEASE READ AND FOLLOW THESE INSTRUCTIONS CAREFULLY!!**

Please mark sins and issues which have been recent (6 mos.) with a + in the space next to each item. Mark a √ for all past sins and issues from as far back as you can remember, but are no longer a problem. Leave item blank if the issue does not apply to you.

Be honest and open and bring everything into the light before GOD - you want to be free!!!!

#### **SEXUAL IMPURITY**

- \_\_\_\_\_ Pornography
- \_\_\_\_\_ Fornication
- \_\_\_\_\_ Adultery
- \_\_\_\_\_ Homosexuality
- \_\_\_\_\_ Exhibitionism
- \_\_\_\_\_ Masturbation
- \_\_\_\_\_ Lesbianism
- \_\_\_\_\_ Incest
- \_\_\_\_\_ Rape
- \_\_\_\_\_ Lust
- \_\_\_\_\_ Prostitution
- \_\_\_\_\_ Abortion
- \_\_\_\_\_ Venereal Disease
- \_\_\_\_\_ Molestation

#### **ADDICTIONS, ABUSE, or USE**

- \_\_\_\_\_ Drugs, Alcohol, Tobacco (Circle)
- \_\_\_\_\_ Facebook, Twitter (Circle)
- \_\_\_\_\_ Cellphone, Internet (Circle)
- \_\_\_\_\_ Prescriptions (past/present)
- \_\_\_\_\_ Money/Greed
- \_\_\_\_\_ Gambling/Lottery
- \_\_\_\_\_ Gluttony/Metabolism
- \_\_\_\_\_ Rock Music (Heavy Metal)/Rap
- \_\_\_\_\_ TV/Video Games/Computer
- \_\_\_\_\_ Shopping

#### **I HAVE DONE THE FOLLOWING**

- \_\_\_\_\_ I speak in Tongues
- \_\_\_\_\_ I'm willing to test the spirit of the Tongue (1 John 4:4)
- \_\_\_\_\_ I was slain in the spirit

#### **OCCULT INVOLVEMENT**

- \_\_\_\_\_ Fortune Told
- \_\_\_\_\_ Tarot Cards
- \_\_\_\_\_ Palm Read
- \_\_\_\_\_ Séance
- \_\_\_\_\_ Astrology, Horoscopes
- \_\_\_\_\_ Numerology
- \_\_\_\_\_ Table Tipping
- \_\_\_\_\_ Rune Stones
- \_\_\_\_\_ White or Black Magic
- \_\_\_\_\_ Role Playing Games (D&D)
- \_\_\_\_\_ Levitation
- \_\_\_\_\_ Ouija Board
- \_\_\_\_\_ Voodoo/Spell Casting
- \_\_\_\_\_ Yoga
- \_\_\_\_\_ Transcendental Meditation
- \_\_\_\_\_ Automatic Writing
- \_\_\_\_\_ Charms, Fetishes, Crystals
- \_\_\_\_\_ Satan Worship/Witchcraft
- \_\_\_\_\_ Martial Arts
- \_\_\_\_\_ Hypnotism
- \_\_\_\_\_ Auras
- \_\_\_\_\_ Astral Projection
- \_\_\_\_\_ Tattoo's
- \_\_\_\_\_ Other \_\_\_\_\_

#### **SPIRITUAL PROBLEMS**

- \_\_\_\_\_ Bible Reading
- \_\_\_\_\_ Prayer
- \_\_\_\_\_ Church Attendance
- \_\_\_\_\_ Witnessing
- \_\_\_\_\_ Unbelief

#### **MENTAL PROBLEMS**

- \_\_\_\_\_ Confused State
- \_\_\_\_\_ Concentration
- \_\_\_\_\_ Procrastination
- \_\_\_\_\_ Hallucinations
- \_\_\_\_\_ Schizophrenia
- \_\_\_\_\_ Paranoia
- \_\_\_\_\_ Persecution Complex
- \_\_\_\_\_ Accident Prone
- \_\_\_\_\_ Inferiority
- \_\_\_\_\_ Past Traumas
- \_\_\_\_\_ ADD, ADHD, Bi-Polar [Circle]
- \_\_\_\_\_ Delusions
- \_\_\_\_\_ Compulsive Behavior

#### **RELIGIOUS BACKGROUND**

- \_\_\_\_\_ Roman Catholic
- \_\_\_\_\_ Mormonism
- \_\_\_\_\_ Far Eastern Religions
- \_\_\_\_\_ Native American
- \_\_\_\_\_ New Age/Jehovah's Witness
- \_\_\_\_\_ Christian Science/Unitarian
- \_\_\_\_\_ Lodges (Religious/Masonic)
- \_\_\_\_\_ Legalistic Protestant
- \_\_\_\_\_ Muslim - Allah, Koran
- \_\_\_\_\_ Spiritual Abuse

#### **RELATIONSHIP PROBLEMS**

- \_\_\_\_\_ Spiritual \_\_\_\_\_ Emotional
- \_\_\_\_\_ Sexual \_\_\_\_\_ Frigidity
- \_\_\_\_\_ Abuse from Parents
- \_\_\_\_\_ In-Laws
- \_\_\_\_\_ Church Leadership
- \_\_\_\_\_ Other \_\_\_\_\_

**(PLEASE COMPLETE OTHER SIDE)**

**Freedom Encounters - PERSONAL INVENTORY CHECKLIST Page 2**

---

**BEHAVIORAL CHARACTERISTICS**

- Bitterness or Resentment
- Hearing Voices in Mind
- Unforgiveness
- Anger or Rage
- Anxiety or Worry
- Fear or Doubt
- Depression/Grief
- Suicide Thoughts
- Lying, Deceit
- Cursing, Swearing
- Jealousy or Envy
- Pride or Self-Righteousness
- Rebellion or Disobedience
- Critical Spirit, Gossiping
- Daydreaming or Fantasizing
- Nightmares
- Coveting Others' Possessions
- Impatience or Irritability
- Stealing
- Laziness
- Self Pity
- Arrogance
- Hatred
- Controlling or Manipulating
- Shame, Guilt, Regret
- Insecurity or Low Self-Esteem
- Distrust
- Backbiting, Belittling
- Fighting or Quarreling
- Rejection, Abandonment
- Isolation, Loneliness

**OTHER PROBLEMS:**

---

---

---

---

---

**PHYSICAL PROBLEMS**

- Stress, Tension
- Tired, Exhaustion
- Hypoglycemia
- AIDS
- Allergies, Hay Fever
- Anorexia, Bulimia
- Dizziness, Blackouts
- Menstrual Problems, PMS
- Sudden Sleepiness
- Insomnia
- Nose, Sinus Trouble
- Eye Problems
- Seizures, Epilepsy
- Headaches
- Pain or Arthritis
- Throat Problems
- Infirmities
- Ear Problems
- Asthma
- Diabetes
- Constipation
- Chronic Back Trouble
- Memory Loss (long-term)
- Hyperactivity
- Forgetfulness (short-term)

**OTHER**

- Veteran - Circle all that apply:  
Korea, V.Nam, Iraq, Afghan., Other \_\_\_\_\_
- Racism, Prejudice, Minority
- Slavery (Background)
- Financial
- Childbirth Trauma/Miscarriage

We want to bring everything into the light of God's presence. Call sin SIN, confess everything to God audibly (1Jn. 1:9). Now thank our heavenly Father for forgiveness and cleansing through the Blood of Christ. Come boldly to the Throne of Grace that we may obtain mercy and find grace to help in time of need. (Heb. 4:16)

**PLEASE READ AND SIGN:**

Those facilitating this deliverance ministry do not claim to be counselors, but are Christian lay ministers. Professional counseling should be sought elsewhere.

I understand that those facilitating this prayer ministry are not professionals and that I am asking him/her/them to pray for me. I understand that my walk with the Lord Jesus Christ is my responsibility, and that the power to heal and set me free comes from Him alone.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_